Maps  Public Transportation  Apps  Banking  Food  Nightlife  
Cultural Associations  Religious Organizations  Sports  Beaches & Travel
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Please note: the service, restaurant, entertainment, religious, and other organizations mentioned in this document are a sampling of those entities available in San Diego county. SDSU and the ALI do not endorse those entities listed in this document, they are simply provided for your information.
Public Transportation | Bus & Trolley

San Diego’s Metropolitan Transit System

sdmts.com

Go to “MAPS & TIMETABLES” for maps and schedules of specific bus routes, or go to “TRIP PLANNER” to show how to get from one place to another by bus and/or trolley.

RATES

For current rates, please go to http://sdmts.com/fares.asp

For maps & timetables, please go to http://sdmts.com/map_timetable.asp

Monthly passes and student semester passes may be purchased at the ticket office at Viejas Arena with your SDSU RED ID; Viejas Arena is located on 55th St., in between the Aztec Recreation Center (ARC) and Fraternity Row and Piedra del Sol Apartments.

ALL ROUTES BELOW ARE FROM ALI/SDSU

Bus #11

Direction SKYLInE HILLS
(5 am-11:30 pm)

HILLCREST @ Stop: University Ave. & 4th Ave. – Along 5th St. and University Ave. is the alternative community of San Diego, open to all sexual orientations and ethnicities. This is a great place to find excellent international cuisine and a great place to shop for hip, cool clothes (25-minute ride).

BALBOA PARK @ Stop: Park Blvd & Village Place – The city’s largest park with lots of museums, theaters, and the zoo. This is a great place to enjoy a nice day in the park playing sports or having a picnic. Transfer from Bus #11 in Hillcrest to Bus #7, direction DOWNTOWN, get off at Park Blvd. & Village Place (45-minute ride).

Green Line Trolley

Direction OLD TOWN (5:30 am-12 am)

QUALCOMM STADIUM @ Stop: Qualcomm Stadium – Go here to watch SDSU Aztecs football games, San Diego Chargers football games, legal street racing, concerts and other special sports events (8-minute ride).

LITTLE ITALY & THE HARBOR @ Stop: County Ctr/Little Italy – A variety of restaurants (many Italian) and art stores. Harbor Dr. offers beautiful views of the San Diego Bay, Coronado, as well as tours of the USS Midway and the bay (40-minute ride).

DOWNTOWN & GASLAMP QUARTER @ Stop: Fifth Ave. – The Gaslamp Quarter along Fifth Ave. between Broadway and Market St. offers San Diego’s best nightlife. There are restaurants, shops, movie theaters, bars, and dance clubs. Horton Plaza is a large shopping mall with a movie theater (45-minute ride).

MISSION VALLEY @ Stop: Mission Valley Center – Lots of stores and restaurants. Across the street is Mission Valley mall, with Target (like a WalMart, where you can buy clothes, food, household products, furniture, electronics, & more), and AMC movie theaters (where you can use discount tickets purchased at the Viejas Arena). If you are looking for TVs, computers, stereos, or phones, go to Best Buy (12-minute ride).

FASHION VALLEY MALL @ Stop: Fashion Valley Transit Center – Larger mall than Mission Valley with upscale shops (Louis Vuitton, Banana Republic, Sak’s Fifth Ave., Nordstrom, Sephora, Abercrombie & Fitch, and more) and restaurants, plus AMC movie theaters (15-minute ride).

OLD TOWN @ Stop/Terminus: Old Town Transit Center – Great Mexican restaurants in a traditional Californian-Mexican atmosphere. Visit the historical sites or check out the outdoor markets and Mexican entertainers (23-minute ride).

Blue Line Trolley

Direction SAN YSIDRO (5 am-3 am)

PETCO PARK @ Stop: Park Blvd & Market – Home of the San Diego Padres baseball team (45-minute ride).

LAS AMERICAS @ Stop/Terminus: San Ysidro/Tijuana – Large shopping outlet mall located on the U.S. side of the border. From here you can also walk across the border to go to Tijuana, Mexico. If you go to Tijuana, you MUST bring your passport (with I-94 and student visa) and I-20 (1-hour, 15-minute ride).
Driving in the U.S.

To drive in California, you must have a valid California driver’s license or a valid driver’s license from your home country. If you have an international driving license (a translation of your home country’s license), keep it with your home country’s license when you drive. If you are only staying for a short period of time, it is not necessary or required to have a California driver’s license. If you are staying for more than one year, it is suggested to have one.

Local DMV Office

3960 Normal St.
1-800-777-0133
http://dmv.ca.gov

How to Get a California Driver’s License
- Visit the DMV office or make an appointment online or by phone
- Complete application form DL 44 (an original DL 44 form must be submitted, copies will not be accepted)
- Give a thumbprint and have your picture taken
- Provide your passport, F-1 VISA, I-94, and I-20 — as an international student without a Social Security number.
- Pay the application fee
- Pass a vision exam
- Pass a traffic laws and sign test, there are 36 questions on the test, and you have three chances to pass (Sample Test)

How to Get a California Identification (ID) Card
- Visit the DMV office or make an appointment online or by phone
- Complete application form DL 44 – “Driver License or Identification Card Application” (an original DL 44 form must be submitted. Copies will not be accepted.)
- Give a thumbprint and have your picture taken
- Provide your passport, F-1 VISA, I-94, and I-20 — as an international student without a Social Security number
- Pay the application fee

INTERPRETER SERVICES
If you need an interpreter, please let one of the staff at the DMV know and an appointment will be scheduled when a foreign language or an ASL interpreter is available. Appointments may also be scheduled by phone.

Car Rentals

There are numerous car rental companies in San Diego. You can rent cars for several days to several months. To rent a car, you need a passport, your national or international driver’s license for identification, rental payment (traveler’s check, cash or credit card), and deposit (credit card only). Rates and fees vary depending on your choice of car, availability, and length of contract.

Auto Insurance

While driving in the U.S., you must carry auto insurance. Most car rental companies will include insurance for you and the car. If you are purchasing a car, you must purchase your own insurance. Two auto insurance companies located close to campus:

- State Farm Insurance
  6663 El Cajon Blvd.
  (619) 668-5414
  statefarm.com

- Allstate Insurance
  6957 El Cajon Blvd.
  (619) 460-0579
  allstate.com

Office of Dale Waller
Farmers Insurance
5910 Pacific Center Blvd.
Ste. 300
(858) 550-9060
farmers.com

DIRT CHEAP CAR RENTAL
3860 Rosecrans St.
(619) 234-9300
dirtcheapcarrental.com

EXPRESS CAR RENTAL
2595 Kettner Blvd
(619) 232-5400
expressrentacheapcar.com

ENTERPRISE
7370 Broadway
(619) 460-6646
enterprise.com

SUNSET CAR RENTAL
1690 Cactus Rd.
(619) 671-8888
mysunsetcarrental.com
**ALI’s Top 10 Apps**

**Transit App: Metro, Bus, Bike**

*Cost:* Free  
*Category:* Travel  

Transit displays all nearby transport options and departure times – instant access to the information you need most! Bus running late, again? Quickly plan a new route, request an Uber, or grab the closest bike share. Transit makes your commute a breeze.

**WhatsApp Messenger**

*Cost:* Free  
*Category:* Communication  

WhatsApp uses your 3G or WiFi to message with friends and family. Switch from SMS to WhatsApp to send and receive messages, pictures, audio, notes, and video messages. No International charges. First year FREE! ($0.99 USD/year after)

**Best Parking**

*Cost:* Free  
*Category:* Travel  

Best Parking is a parking search engine that steers drivers toward the cheapest and most convenient parking garages and lots in 43 cities and 79 airports throughout North America. Save hundreds of dollars.

**Groupon**

*Cost:* Free  
*Category:* Shopping & Entertainment  

Groupon delivers unbeatable deals for 50-70% off the best stuff to do, see, eat, and buy in more than 500 cities. Every deal is available to use immediately.

**San Diego City Guide by TripAdvisor**

*Cost:* Free  
*Category:* Travel  

A personal advisor in your pocket which helps you plan and have the perfect trip. With restaurants, attractions, hotels, and reviews.

**Uber**

*Cost:* Free  
*Category:* Travel  

Uber is your private driver in more than 40 countries. Request a ride using the Uber app and get picked up within minutes. On-demand service means no reservations required and no waiting in taxi lines. Compare rates for different Uber options and get fare quotes in the app. Easily set up your pickup location on the map. Get connected to your personal driver and check the progress of your Uber at any time.
Evernote

Cost: Free
Category: Productivity

Evernote is an easy-to-use, free app that helps users remember everything across all devices. Stay organized, save ideas, and improve productivity. Evernote lets the user take notes, capture photos, create to-do lists, record voice reminders — and makes these notes completely searchable, whether at home, work, or on the go.

YELP

Cost: Free
Category: Travel and Local Businesses

Find and read reviews about great local businesses near SDSU. Looking for a burrito joint open now? An Irish pub nearby? A gas station within driving distance before the tank hits empty? Yelp for Android is here to help. Search for places to eat, shop, drink, relax, and play, then read reviews from an active community of locals in-the-know.

Eventbrite

Cost: Free
Category: Entertainment

Discover popular local events, get event recommendations just for you, and see which events your friends are going to. Get tickets and quickly access all of your Eventbrite tickets and event information from your device. Find something new to do – concerts, festivals, classes, conferences, free events, and more – right in the palm of your hand. Now, event organizers can stay on top of their sales and stats, and check-in event attendees from the app.

iTriage Health

Cost: Free
Category: Health & Fitness

iTriage helps you make better health care decisions, answering questions like “What medical condition could I have?” and “Where should I go for treatment?” Save and easily access and share the health care information that’s most important to you.
San Diego Websites

General Entertainment
- sandiego.org — the official website of the San Diego Visitors and Tourism Bureau, includes information on hotels, restaurants, shopping, and activities
- utsandiego.com — movies, music, news, weather, entertainment, restaurants, and classified ads
- sandiegoreader.com — events, entertainment, classified ads (buy furniture, cars, misc. items, and find rooms for rent), and coupons online for restaurants and nightclubs
- yelp.com — reviews by locals on restaurants, beauty & spas, entertainment, services, and more

Cell Phones
- mycricket.com — social security not required, no contract to sign, a variety of plans available
- t-mobile.com — social security not required, a variety of plans available
- verizon.com — social security not required, a variety of plans available, only CDMA phones
- westfield.com/missionvalley — closest shopping mall with many cell phone companies, if you have a cell phone card and need a U.S. SIM card, you may visit the various cell phone companies in this mall

Maps and Directions
- https://maps.google.com — provides locations and driving directions for anywhere in the U.S.

Money and Checking Services
- westernunion.com — the best way to transfer and wire money from overseas – locations throughout San Diego
- moneytreeinc.com — check-cashing service for a small fee – U.S. bank account not required – you can also wire and transfer money through Western Union here
- americanexpress.com — offers a variety of financial and travel services to members, including traveler’s checks
- chase.com — checking account services
- wellsfargo.com — checking account services
- bankofamerica.com — checking account services

Parks and Recreation
- sdcounty.ca.gov/parks — excellent website for parks where you can camp, hike, and fish
- sandiego.gov/park-and-recreation — San Diego’s official city park website with information on Mission Bay, recreation centers, swimming pools, golf courses, and more
- arc.sdsu.edu — information on sports at the ARC (Aztec Recreation Center) on the SDSU campus

Tickets to Concerts and Events
- ticketmaster.com — the official website to buy tickets for any event anywhere in the U.S.; you may also buy tickets for some events at the SDSU Aztec Center Ticket Office
- atlastickets.com — private ticket broker, great for buying sold-out tickets and hard-to-find seats, but expensive
- sdartsstix.com — discount tickets on theater, music, and dance performances in San Diego
Important Contacts & Information

Transportation
If you do not have a car, the best way to travel in San Diego is by bus or trolley. Please see “Public Transportation” on page 4 for more information.

Intercity Trains
Amtrak trains will take you to major cities in the U.S. It is less expensive than traveling by plane. The train station is in downtown San Diego at the Santa Fe Depot trolley stop.

- Amtrak
  (800) 872-7245
  amtrak.com

Taxis
Taxi service is available in the area.

- Orange Cab
  (619) 223-5555
- Yellow Cab
  (619) 444-4444

Bike Rentals
Bikes are a great way to get around campus and other neighborhoods.

- Aztec Bike Rental at the ARC
  (619) 594-7529
  arc.sdsu.edu/bike
- Pacific Beach Cruisers
  1400 Garnet Ave.
  (858) 568-0591
  pacificbeachcruisers.com

Local Laundromats
Some homes may not have a washer or dryer, so students must bring their clothes to a laundromat. Below are laundromats near campus.

- College Launderland
  3636 Billman St.
  (619) 265-2348
  sandiegolaundromat.com
- The Washboard Laundry
  6512 El Cajon Blvd.
  (619) 286-0294
  thewashboardsd.com
- Aztec Coin Laundry
  6931 El Cajon Blvd.
  (619) 697-2717

Furniture
Most apartments off-campus are unfurnished. This means there will be no furniture in the apartment. You will need to buy or rent furniture after you move into your place.

- Cort Furniture
  7480 Miramar Rd.
  (858) 549-0800
  cort.com
- Signature Furniture Rental
  8525 Camino Santa Fe
  (858) 227-4370
  signaturefurniturerental.com
- Brook Furniture Rental
  8138 Miramar Rd.
  (858) 271-0107
  bfr.com

Renter’s Insurance

- Office of Dale Waller
  Farmer's Insurance
  5910 Pacific Center Blvd. Ste. 300
  (858) 550-9060
  farmers.com

Phone Information

Emergency Calls (911)
Dial 911 if you have a medical or other type of emergency. An ambulance/fire engine/police officer will be sent if you have a true medical emergency.

Crisis Calls

- Emergency/Police/Fire/Highway Patrol
  911
- Emergency Services & Travel (in your language)
  1 (888) 871-4636
- Poison Information Center
  (800) 222-1222

Hospitals

- Alvarado Hospital
  (619) 287-3270 • alvaradohospital.com
- Grossmont Hospital
  (619) 740-6000 • sharp.com/grossmont
- Scripps Mercy Hospital
  (619) 294-8111 • scripps.org
- Sharp Memorial Hospital
  (858) 939-3400 • sharp.com/memorial

Urgent Care

- Partners Urgent Care
  6136 Lake Murray Blvd., (619) 303-5500
  Mon.-Sun., 8 am-8 pm
Important Contacts & Information

- **Rady Children’s Urgent Care** *(patients 17 and under)*  
  5565 Grossmont Center Dr., Bldg. 2, Suite 2, (619) 713-5375  
  Mon.-Fri., 4-10 pm; Sat. and Sun., 1-10 pm

- **Urgent Care & More**  
  3434 Midway Dr., Suite 1002, (619) 225-6200  
  Mon.-Sun., 8 am-10 pm

**San Diego Authorities (Non-emergencies)**

- **San Diego Police Department**  
  (619) 531-2000

- **Legal Aid Society**  
  (877) 534-2524

- **San Diego Paramedics**  
  (858) 484-3154

- **San Diego Fire Department**  
  (619) 533-4300

**San Diego State University**

- **SDSU Information**  
  (619) 594-5200

- **American Language Institute**  
  (619) 594-5907

- **University Police**  
  (619) 594-1991

- **SDSU Health Services**  
  (619) 594-5281

**Cell Phones & SIM Cards**

It is common for students to have a cell phone or mobile phone while in the U.S. Phones can cost from $0-600 depending on the plan purchased with the phone.

There are two types of plans:

1) **Contract Service**: This requires that you use the phone for 1-2 years or pay a cancellation fee, if you cancel your service before your contract end date. Because international students do not have a Social Security number, you must pay a deposit with the phone, ranging from $150-$500.

2) **Pre-paid Service**: This service does not require any deposit or Social Security number. There is no requirement for how long you use the phone; however, the plans may be more expensive, depending on what you need.

**Recommended Carriers**

- **T-Mobile**, Camino del Rio North, (619) 295-2044 • [t-mobile.com](http://t-mobile.com)
- **Verizon**, 5500 Campanile Dr., (619) 594-7525 • [verizon.com](http://verizon.com)
- **Cricket**, 936 5th Ave., (619) 234-0695 • [mycricket.com](http://mycricket.com)

**Postal Service**

Before you mail an international letter or package, we recommend you first take it to the post office to weigh it. The post office closest to the SDSU campus:

- **U.S. Post Office**  
  6401 El Cajon Blvd., San Diego, CA 92115  
  (619) 582-1251  
  [https://usps.com](https://usps.com)  
  HOURS: Monday-Friday, 9 am-5 pm; Saturday, 9 am-12 pm; Sunday, closed; last mail pick up of the day is 5 pm

**No Smoking Policy**

SDSU is a completely smoke-free, tobacco-free campus. Smoking is not permitted in or outside any buildings (including Viejas arena), or in parking areas.

**Medical Needs**

**SDSU Health Services**

ALI students can use the SDSU Student Health Services Center. It offers general medicine and emergency treatment areas, as well as an X-ray laboratory, physical therapy, preventative dentistry program, and low-cost pharmacy. It also offers nutrition counseling, travel consultation, family planning, immunizations, and general health education.

**Not Covered in Your Basic Service**

- General physical exams
- Specialty clinics, elective injections (eg., allergy maintenance, travel inoculations, others)

**Services That Are “Reimbursable”**

- Prescriptions
- Over-the-counter drug and orthopedic aids
- Lab tests that must be sent to a contracted lab
- Some serums/vaccines used for inoculations
- Medical record
- Copying including X-ray films

When you visit Health Services, you must bring your Student ID card. You should first report to the appointment desk. Once there the clerk will make an appointment for you with the appropriate clinic or doctor. If you do not speak English well, take a translator with you or ask the ALI to find one for you.

- **SDSU Health Services**  
  (619) 594-5281  
  [http://shs.sdsu.edu](http://shs.sdsu.edu)
  HOURS: Monday-Friday: 8:30 am-4:30 pm; Thursday: 9:30 am-4:30 pm; weekends and certain holidays, closed. Call for an appointment.

If Health Services cannot meet your needs, you will be referred to another doctor or dentist who is located off-campus.
Important Contacts & Information

In Case of Emergency or Accident
If an accident occurs on campus and an ambulance is required, call the San Diego City Police at 911. It is better to wait for an ambulance if a person is badly injured. If other emergencies not requiring ambulance service occur, take the injured person to the nearest hospital.

Hospitals Near SDSU
- Alvarado Hospital, 6655 Alvarado Rd., (619) 287-3270
- Scripps Mercy Hospital, 4077 Fifth Ave., (619) 294-8111

Healthcare in Your Language
National and state law requires that the hospital must provide you with an interpreter in your language if you request it. Visit ncmonline.com/languageaccess.

Health Insurance
All students attending the American Language Institute are required by law to have health insurance coverage. You can purchase one from your home country or from the ALI.

Parking On SDSU Campus
Parking is strictly enforced on campus. You will need a parking permit at all times. If you park your car without a permit, you may receive a parking ticket and have to pay a fine.

How to Get an SDSU Parking Permit
Long-term permits can be purchased at:
- Cashier’s Office at the Gateway Building, in front of the ALI
- Cashier’s Office at the Student Services Building

Students must show their SDSU RED ID to purchase permits. Prices are subject to change. Students must park in specially marked parking lots, designated to students by signs posted with a red “S.” The closest student lots to the ALI are Parking Structures PS3 and PS5. Students will get a parking ticket if they park in PS2, which is the lot next to the ALI. Student lots are marked “S” (not F/S).

Bicycles & Skateboards
It is important for you to learn where you can ride a bicycle and/or skateboard. Bicycles and skateboards are allowed on the SDSU campus in the biking/skateboarding lane. Campus Security will issue a ticket if you ride in prohibited areas. If you have any questions about where you can legally ride, please check with the SDSU Public Safety department by calling (619) 594-3193.

ALI Contacts
If you have any questions, please contact the ALI.
(619) 594-5907
ali@mail.sdsu.edu

Tom Hilanto
Director of Operations
(619) 594-5143
thilanto@mail.sdsu.edu

Tuyen Nguyen
Housing Coordinator
(619) 594-1967
tuyen.nguyen@mail.sdsu.edu

Michael Castronuovo, Jr.
Homestay Coordinator
(619) 594-1966
alihomestay@mail.sdsu.edu

Alan Schuchman
Student Life Coordinator
(619) 594-0539
alistudentlife@mail.sdsu.edu
Banking & Finance

It is very important to have a bank account while you are staying in the U.S. It is very common for people to pay bills and other expenses using checks or the bank's online bill payment service. For example, cash is not accepted as payment for telephone or electric bills. This practice may be different from your home country.

List of Banks
(Near or on the SDSU Campus)

- **US Bank**
  Located on the SDSU Campus in West Commons
  (619) 229-2880
  usbank.com

- **California Coast Credit Union**
  SDSU Campus, Student Union
  (877) 495-1600
  calcoastcu.org

- **Citibank**
  5998 El Cajon Blvd.
  (800) 627-3999
  citibank.com

- **Bank of America**
  6801 El Cajon Blvd.
  (619) 664-2120
  bankofamerica.com

- **Union Bank**
  6010 El Cajon Blvd.
  (619) 286-9129
  unionbank.com

- **USE Credit Union**
  SDSU Campus, East Commons
  (866) 873-4968
  usecu.com

- **Wells Fargo**
  4690 63rd St.
  (619) 583-9084
  wellsfargo.com

Emergency Money Transfer

- **Western Union**
  6060 El Cajon Blvd.
  (619) 265-0482
  westernunion.com

- **Money Gram**
  5141 College Ave.
  (619) 287-0616
  moneygram.com

Investments

- **Ameritrade**
  tdameritrade.com

- **E*Trade**
  http://us.etrade.com

- **Charles Schwab**
  schwab.com

- **Edward Jones**
  edwardjones.com

Currency Exchange

- **Travelex Currency Services**
  177 Horton Plaza
  (619) 235-0901
  travelex.com
International Food | Markets

Farmers’ Markets
Fresh fruits, vegetables, flowers and foods from San Diego farmers. Visit sdfarmbureau.org for a list of all Farmers’ Markets in San Diego County.

- **La Mesa:** Fridays, 2-6 pm, Date and University Ave.
- **La Jolla:** Sundays, 9 am-1 pm, Girard and Genter St. − SW corner of La Jolla Elementary School
- **Ocean Beach:** Wednesdays, 4-7 pm (Jan.-March), 5-8 pm (April-Dec.), 4900 block of Newport Ave. between Cable and Bacon St.
- **Hillcrest:** Sundays, 9 am-1 pm, 3960 Normal St. at Lincoln, next to the DMV (Department of Motor Vehicles)

African
- **African Caribbean Food Market,** 4811 El Cajon Blvd., (619) 229-0032

Asian
- **99 Ranch Market** (variety of Asian foods), 7330 Clairemont Mesa Blvd., (858) 974-8899
- **Zion Market** (Korean), 7655 Clairemont Mesa Blvd., (858) 268-3300
- **Nijiya** (Japanese), 3860 Convoy St., Suite 121, (858) 268-3821

European
- **Chef Axel** (German and general European), 7097 University Ave., (619) 421-8844, chefaxel.com
- **IKEA** (Swedish), 2149 Fenton Parkway, ikea.com/us/en
- **Filippi’s** (Italian), 1747 India St., (619) 232-5094

South American/Latin American/Mexican
- **Andre’s Latin American Market,** 1249 Morena Blvd., (619) 275-6523
- **Tropical Star Latin American Market,** 6163 Balboa Ave., (858) 874-7827, tropicalstarrestaurant.com
- **Margotour** (tour company that sells Brazilian goods), 3045 Rosecrans St., Suite 214, (619) 222-5243
- **Pancho Villa’s** (Mexican), 3100 E. 8th St., (619) 479-2777

Middle Eastern/ Mediterranean
- **Mideast Market & Fresh Halal Meats,** 4595 El Cajon Blvd., (619) 284-6361
- **Babylon International Market,** 524 East Main St., El Cajon, (619) 442-4779
- **Al Salam Halal Meat & Restaurant,** 550 East Main St., El Cajon, (619) 588-5374

Organic/Other
- **Trader Joe’s** (variety of imports), 1090 University Ave., (619) 296-3122, or 1072 Camino Del Rio N., (619) 297-0749 traderjoes.com
- **Cost Plus World Market** (variety of imports), 372 4th Ave., (619) 236-1737, worldmarket.com
- **Lang’s Bakery** (Kosher market), 4610 Alvarado Canyon Rd., Suite 6, (619) 280-5264, langsbakery.com
- **Whole Foods** (variety of imports and organic foods), 711 University Ave., (619) 294-2800, wholefoodsmarket.com
Coffee Shops/Fast Food Restaurants

There is normally a small jar by the cash register for tips. You do not have to tip, but if the employees have provided good service, it is appreciated if you put some coins in the tip jar.

Full-service Restaurants

When you eat in a restaurant in the United States, the tax and tip are not included in the menu prices. Remember to add a tip when you pay the bill. To calculate tip, add 15% of the total bill for normal service and 20% of the total bill for superior service.

On the menu, the appetizer is the first course and entree is the main course. You do not have to order an appetizer, entree and dessert. You can choose to only have an entree, if you wish. Remember that portions are large in the U.S., so you can order one appetizer and one entree and share them with a friend!

Restaurants And Cafes

Asian

› China Max (Dim Sum & Seafood), 4698 Convoy St., (858) 650-3333, chinamaxsandiego.com
› Bali Thai Cafe (Indonesian), 407 Camino Del Rio South, (619) 297-0800, balithaicafe.com
› Manna Korean BBQ, 4428 Convoy St., (858) 278-3300
› Oshi’s (Korean & Japanese), 5838 Montezuma Rd., (619) 582-5391

› Sushi Ota (Japanese), 4529 Mission Bay Dr., (858) 270-5670
› Tapioca Express (Taiwanese), 6145 El Cajon Blvd., Suite G, (619) 286-0484, tapiocaexpress.com
› Sala Thai (Thai), 6161 El Cajon Blvd., (619) 229-9050, salathaisandiego.com
› Pho Ca Dao (Vietnamese), 5223 El Cajon Blvd., (619) 326-1420
› World Curry (Indian/Thai), 1433 Ganet Ave., (858) 270-4455, worldcurry.com

European

› Bread & Cie, (European), 350 University Ave., (619) 683-9322, breadandcie.com
› Edelweiss Bakery (European), 8270 Mira Mesa Blvd., Suite A, (858) 578-6777, edelweissbakerysandiegocom
› St. Tropez Bakery & Bistro (French), 3805 Fifth Ave., (619) 497-0297, sttroppezbistro.com
› Chef Axel (German, some Hungarian), 7097 University Ave., (619) 421-8844, chefaxel.com
› Kaiserhof (German), 2253 Sunset Cliffs Blvd., (619) 224-0606, kaiserhofrestaurant.com
› Sole Luna Café (Italian), 702 Ash St., (619) 232-0436, solelunacafe.com
› La Costa Brava (Spanish), 1653 Garnet Ave., (858) 273-1218, costabravasd.com
› Café Sevilla (Spanish), 353 Fifth Ave., (619) 233-5979, cafesevilla.com

South American/Latin American/Mexican

› Pampas (Argentinean grill), 8690 Aero Dr., Suite 105, (858) 278-5971, pampasrestaurant.com
› Puerto La Boca (Argentinean steakhouse), 2060 India St., (619) 234-4900, puertolaboca.com
› Rei do Gado (Brazilian churrascaria), 939 Fourth Ave., (619) 702-8464, reido.gado.net
› Las Cuatro Milpas (Mexican), 1857 Logan Ave., (619) 234-4460
› Latin Chef (Peruvian & Brazilian), 1142 Garnet Ave., (858) 270-8810, thelatinchef.com
International Food | Restaurants & Cafes

Middle Eastern/Persian/Mediterranean/Arabic
- Zodiac Hookah Lounge, 6455 El Cajon Blvd., (619) 326-6800
- Ali Baba, 421 East Main St., (619) 442-3622, alibaba421el.com
- The Kebab Shop, 630 Ninth Ave., (619) 525-0055, thekebabshop.com
- Darband Fifth Ave. Grill (Persian), 1556 Fifth Ave., (619) 230-1001, 5thAvenuegrill.com
- Kous Kous (Moroccan), 3940 Fourth Ave., (619) 295-5560, kouskousrestaurant.com

Russian

Vegetarian/Vegan
- Jyoti-Bihanga, (Vegetarian & Vegan), 3351 Adams Ave., (619) 282-4116, jyotibihanga.com
- Spread (Vegetarian & Vegan), 2879 University Ave., (619) 543-0406, spreadtherestaurant.com
- Sipz Fusion Café, (Vegetarian & Vegan), 3914 30th Ave., (619) 795-2889 or 5501 Clairemont Mesa Blvd., (858) 279-3747, sipz.com

Coupons and Discounts
Coupons and discounts for restaurants in San Diego are available at:
- get1free.com
- http://readercity.com
- studentdollartrester.com
- where2eat.com
- sandiegorestaurants.com/coupons.cfm
San Diego Area Beaches

Cardiff
- **Cardiff State Beach**: Coast Highway 101
- **San Elijo State Beach**: Coast Highway 101

Carlsbad
- **Carlsbad State Beach**: 2400 Carlsbad Blvd.

Coronado
- **Coronado City Beach**: Ocean Blvd.
- **Dog Beach**: Ocean Blvd. & Isabelle Ave.
- **Silver Strand State Beach**: 5000 Highway 75

Del Mar
- **Del Mar City Beach**: 1700 Coast Blvd.
- **Dog Beach**: Camino Del Mar

Encinitas
- **Beacon's Beach**: 948 Neptune Ave.
- **Boneyard Beach**: F St.
- **D St. Viewpoint**: 450 D St.
- **Grand View Beach**: 1700 Neptune Ave.
- **Moonlight State Beach**: 400 B St.
- **Stone Steps Beach**: 350 S. El Portal St.
- **Swami's**: 1298 Coast Highway 101

La Jolla
- **Black's Beach**: 2800 Torrey Pines Scenic Dr.
- **Boomer Beach**: just below Scripps Park between Shell Beach & La Jolla Cove
- **Big Rock**: just south of Palomar Ave.
- **Bird Rock**: between South Casa Beach and Pacific Beach
- **Whispering Sands Beach**: 200 Coast Blvd.
- **Windansea Beach**: 5800 Neptune Place
- **Wipeout Beach**: 800 Coast Blvd.
- **Torrey Pines State Beach**: 12600 N. Torrey Pines Rd.
- **Horseshoes**: between Marine St. & Coast Blvd.
- **La Jolla Cove**: 1180 Coast Blvd.
- **La Jolla Shores**: 8200 Camino del Oro
- **Marine St. Beach**: 300 Marine St.
- **Scripps Beach**: 8599 El Paseo Grande
- **Shell Beach**: 900 Coast Blvd.

Pacific Beach
- **Tourmaline Surfing Park**: 602 Tourmaline St.
- **Triangle Cove**: 6102 Camino de la Costa
- **Whispering Sands Beach**: 200 Coast Blvd.
- **Windansea Beach**: 5800 Neptune Place
- **Wipeout Beach**: 800 Coast Blvd.

Mission Beach
- **Mission Beach**: 3141 Ocean Front Walk
- **South Mission Jetty**: Ocean Front Walk & Mission Blvd.

Ocean Beach
- **Dog Beach**: West Point Loma Blvd. & Voltaire St.
- **Ocean Beach City Beach**: 1950 Abbott St.

Point Loma
- **Point Loma Tide Pools**: Catalina Blvd.
- **Sunset Cliffs**: along Sunset Cliffs Blvd.
- **Newbreak**: south of Cornish Dr. at Sunset Cliffs
- **33's**: south of Cornish Dr. on Sunset Cliffs
- **Indicators**: Hill St. & Sunset Cliffs

Solana Beach
- **Fletcher Cove**: 111 S. Sierra Ave.
- **Seascape Shores**: 501 S. Sierra Ave.
- **Tide Beach Park**: 302 Solana Vista Dr.

sandiego.gov/lifeguards/beaches
Places to Go in San Diego

Mission Valley, Fashion Valley
The closest and most convenient location to ALI for shopping, restaurants, movies, and fun. Less than a 15-minute trolley ride or 5-minute drive from campus.

Restaurants
- Dave & Buster’s Food & Games, daveandbusters.com
- Gordon Biersch Restaurant, gordonbiersch.com
- Outback Steakhouse, outback.com
- Ruby’s 50’s Diner, rubys.com
- The Cheesecake Factory, thecheesecakefactory.com
- P.F. Chang’s, pfchangs.com
- California Pizza Kitchen, cpk.com
- True Food Kitchen, foxrc.com/restaurants/true-food-kitchen

Attractions
- Qualcomm Stadium is home to San Diego Chargers football, SDSU Aztecs football, concerts, and more
- Mission Valley Mall (with Target) is the closest shopping mall to ALI
- Fashion Valley Mall is a larger shopping mall than Mission Valley with upscale stores like Armani Exchange, BCBG, Coach, Gucci, Hermes, Juicy Couture, Steve Madden, and more
- AMC Movie Theaters, amctheatres.com

Nightlife
- In Cahoots Cowboy & Western Dance Hall and Saloon, incahoots.com

La Jolla
San Diego’s version of Beverly Hills, with expensive cars, lots of antiques and art, chic fashion stores, fine dining, outdoor cafes, and a beautiful view of the Pacific Ocean.

Restaurants
- George’s at the Cove, georgesatthecove.com
- The Living Room Café, livingroomcafe.com
- Crab Catcher, crabcatcher.com

Attractions
- La Jolla Contemporary Museum of Art has various modern art exhibits and is also a popular place to see premieres for snowboard, ski and surf movies, free if you are 25 years or younger.
- La Jolla Caves offers a walking tour of the cliffs and through the ocean-carved caves
- La Jolla Cove is one of the best places in San Diego for kayaking, snorkeling, and scuba diving
- Mount Soledad has the best free scenic viewpoint of San Diego on a clear day
- La Jolla Playhouse, lajollaplayhouse.com
- McCaleb Dance, mccalebdance.org

Nightlife
- BarFly La Jolla, barflylajolla.com
- The Comedy Store, lajolla.thecomedystore.com
- Prospect Bar & Grill, prospectbar.com
Places to Go in San Diego

Pacific Beach
The classic Southern California beach community with surfers, hip fashion stores, affordable restaurants, and a great nightlife with many university students and young adults, all located next to a beautiful beach.

Restaurants
- World Famous, worldfamouspb.com
- Broken Yolk Café, thebrokenyolkcafe.com
- Rocky’s Crown Pub, rockyburgers.com
- Lanna Thai Cuisine, lannathaicuisine.com
- The Fishery, thefishery.com
- PB Bar & Grill, pbbarandgrill.com

Attractions
- Crystal Pier offers a great view of the beach and has cute cottages over the ocean where you can stay for a night or more
- Tourmaline Surf Park is a popular place to watch surfing or to learn how to surf
- Pacific Beach Boardwalk offers an array of unique shops and cafes, and a long stretch of concrete (the boardwalk) to bike and skateboard

Nightlife
- Typhoon Saloon, typhoonsaloon.com
- Moondoggies, moondoggies.com
- Johnny V, johnnyvsd.com

Mission Bay, Mission Beach, Clairemont
Miles of grass, beach, and sand for a variety of recreational activities both in and out of the water.

Restaurants
- Luigi’s Italian, http://luigisatthebeach.com

Attractions
- The Boardwalk runs along both the beach and the bay and is great for biking, rollerblading, and jogging
- Cheap Rentals and other rental shops will rent rollerblades, bicycles, surfboards, beach chairs, and other beach items for as little as $10-15 per day
- Mission Bay Aquatic Center offers lessons in surfing, kayaking, waterskiing, sailing equipment, and other watersports to ALI students for a discount, mbaquaticcenter.com
- Mission Bay Sportscenter rents waverunners, power boats and sailboats, and discounts are also given to ALI students
- Belmont Park is an American-style amusement park with a rollercoaster, carnival rides, games, American carnival food, and shopping, belmontpark.com
- The Wave House has two man-made waves for you to try, or you can watch others, also a California beach-style restaurant with outdoor dining and ocean view, wavehousesandiego.com
- Sea World is San Diego’s No. 1 attraction (discount tickets are available at the Aztec Center Ticket Office), seaworld.com
- California Ballet Company, californiaballet.org

Nightlife
- The Beachcomber, beachcombermb.com
- Barefoot Bar & Grill, paradisepoint.com
Places to Go in San Diego

Point Loma, San Diego Sports Arena
A seaside community with two major military bases and a national cemetery.

Restaurants
- Island Prime and C Level, islandprime.com
- Bali Hai Restaurant, balihairestaurant.com
- Point Loma Seafoods, pointlomaseafoods.com

Attractions
- Cabrillo National Monument is a landmark where Juan Cabrillo, landed in California. It has a beautiful view, a lighthouse, and tide pools (entrance fee), nps.gov/cabr/index.htm
- Sunset Cliffs is where million-dollar homes meet the ocean – park along the side and watch the sunset or walk along the cliffs
- Ocean Beach is where San Diego’s hippy community resides, most points of interest are on Newport Ave.

Nightlife
- Riley’s Music Lounge, rileysmusiclounge.com
- Winston’s Beach Club, winstonsob.com

San Diego Harbor
Incredible views of the harbor with great seafood restaurants, tourist attractions, beautiful boats in the marina, and opportunities to take dinner tours and boat tours on the San Diego Bay.

Restaurants
- The Fish Market Restaurant, http://thefishmarket.com
- Anthony’s Fish Grotto, gofishanthony.com

Attractions
- USS Midway is a museum on an American aircraft carrier that was active for 47 years, midway.org
- Seaport Village is a cute tourist area with many shops and several restaurants – great view of Coronado Island and delicious seafood, seaportvillage.com
- Hyatt Hotel is the tallest waterfront hotel on the west coast – on the top floor is the Top of the Hyatt, a classy bar with one of the best views in San Diego, manchestergrand.hyatt.com
- Convention Center plays host to major business events and conventions, such as the auto show, boat show, and more, visitsandiego.com
- Shelter Island has boat rentals, jet ski rentals, fishing trips, and whale-watching tours
- San Diego Harbor Excursions offers sightseeing cruises on the bay, sdhe.com

Nightlife
- Humphrey’s by the Bay, humphreysconcerts.com
- Blue Wave Bar & Grill
- The Casbah, casbahmusic.com
Places to Go in San Diego

Coronado Island
Some of the most beautiful beaches and homes in San Diego, plus a world-famous hotel; the longest, widest, and most beautiful sandy beaches in San Diego with room for everyone to sunbathe.

Restaurants
- Peohe’s, peohes.com
- 1500 Ocean, hoteldel.com
- Miguel’s Cocina Mexican Restaurant, brigantine.com

Attractions
- Hotel Del Coronado is one of the oldest and most prestigious hotels and is open to visitors – a posh place to eat Sunday brunch
- Coronado Ferry Landing will take you by ferry boat from and to Coronado and Downtown San Diego
- Coronado Museum of History and Art preserves and presents the island's history within three galleries
- The Gondola Company offers San Diegans a little bit of Italy by going on a gondola ride
- Silver Strand State Beach
- Coronado Municipal Golf Course

Nightlife
- ENO, http://enowinerooms.com

Downtown
Downtown San Diego has everything from shopping to businesses to theaters and the best nightlife in San Diego; AVOID the homeless areas north (C St. & Ash St.) and east (Seventh Ave. & streets with higher numbers) just outside the Gaslamp Quarter.

Restaurants
- La Fiesta, lafiestasd.com
- Masala, masalarestaurant.com
- Toast Enoteca & Cucina, toastenoteca.com
- Operacaffe, operacaffe.com
- Extraordinary Desserts, extraordinarydesserts.com

Attractions
- Horton Plaza Mall is downtown's hip and colorful shopping center
- The Gaslamp Quarter is the historic part of downtown on the streets between Fourth and Fifth Ave. and Broadway at Market – this is the best nightlife in San Diego
- East Village Tavern & Bowl, tavernbowl.com
- Civic Theater hosts off-broadway plays, opera, the San Diego ballet, comedy shows, and musical performances, sandiegotheatres.org
- Asian American Repertory Theatre, asianamericanrep.org
- San Diego Opera, sdopera.com
- San Diego Symphony, sandiegosymphony.com

Nightlife
- Café Sevilla (Latin dance club), sevillanightclub.com
- Altitude Sky Lounge, altitudeskylounge.com
- The House of Blues, houseofblues.com
- Stingaree Dance Club, stingsandiego.com/nightclub
- The Tipsy Crow, thetipsycrow.com
- Hard Rock Café, hardrock.com/sandiego
Balboa Park, Hillcrest

The nation's largest cultural park, with many beautiful gardens and traditional Spanish architecture – great for walks and picnics – plenty of museums and the San Diego Zoo.

Restaurants
- The Prado, cohnrestaurants.com
- The Tea Pavilion, balboapark.org
- Hash House a-Go-Go, hashouseagogo.com
- Babycakes, babycakessandiego.com

Attractions
- San Diego Zoo is one of the world's most famous zoos for its variety of animals and plants and its conservation projects – currently hosting China's pandas, sandiegozoo.org/
- Museums Art, History, Auto, Sports, Science, Photo, and more are one of the main attractions in the park – every Tuesday different museums are FREE, balboapark.org/in-the-park/museums
- Theaters The Old Globe, IMAX, and Starlight Bowl Outdoor Theater, balboapark.org/in-the-park/PerformingArts
- International Cottages representing Argentina, Austria, China, Colombia, Denmark, France, Germany, Iran, Italy, Mexico, Norway, Peru, Poland, Spain, Sweden, Turkey, Ukraine, and more are open every Sunday afternoon for visits.
- Disc Golf Course is a place to play disc golf (also called frisbee golf), rentals of discs (frisbees) are available, morleyfield.com
- Eveoke Dance Theatre, eveoke.org
- Starlight Bowl/Starlight Musical Theatre, starlighttheatre.org

Old Town

Historic Old Town San Diego is known as the birthplace of California. It's a popular stop on the bus and trolley routes where you can discover the history of early San Diego.

Restaurants
- Old Town Mexican Café, oldtownmexcafe.com
- El Agave, elagave.com
- Café Coyote, cafecoyoteoldtown.com

Attractions
- Plaza del Pasado has live Mexican music and performers, many great outdoor restaurants, and arts and crafts in a historic and fun atmosphere.
- San Diego Ave. and Twiggs St., where many shops and great restaurants are located.
- The Presidio is a historic landmark at the top of a hill with a public golf course, the Junipero Museum, and great views of San Diego.
- The Whaley House stands as a classic example of mid-19th century Greek Revival architecture. It is a historic museum that also opens as a haunted house during Halloween, whaleyhouse.org
Sports & Recreation

Aztec Recreation
AR membership is included for all ALI students. Sign up at the Aztec Recreation Center with your SDSU RED ID card. Find information about the following AR programs and facilities at arc.sdsu.edu or call (619) 594-7529.

Aztec Recreation Center (ARC)
Cardio and strength training equipment, group exercise classes, an indoor climbing wall, and open courts for basketball, volleyball, and indoor soccer. Open 24 hours most days.

Intramural Sports
Recreational team and individual sports leagues for SDSU students with games played on campus. Sports include soccer, basketball, volleyball, tennis, bowling, softball, and more.

Aquaplex & Tennis Courts
Solar-heated outdoor swimming pools, diving boards, and spa, and a state-of-the-art tennis center, a short walk from the ARC.

ARC Express & Aztec Lanes
New gym and bowling & games center in the recently opened Conrad Prebys Aztec Student Union.

Mission Bay Aquatic Center (MBAC)
Water sports classes & equipment rental. Surfing, sailing, kayaking, stand-up paddling, wakeboarding, and more. Special rates are available for students. Located in the Mission Beach community.
1001 Santa Clara Place, (858) 488-1000

Aztec Adventures
Outdoor treks and camping trips to national parks and wilderness areas. Backpacking, canoeing, hiking, river rafting, rock climbing, and other adventures designed for students. Guides, equipment, and meals included in trip cost.

Off-campus Sports Leagues

Badminton
sandiegobadminton.org

Baseball
sdabl.com

Basketball
sandiegobasketball.com

Soccer
sdcsl.com

Swimming
swim.isport.com

Table Tennis
sdtta.org

Social Sports Club
govavi.com

Note: If you have questions about sports or recreational programs, stop by the Aztec Recreation Center or send an email to ALI Student Life at: alistudentlife@mail.sdsu.edu
Cultural Associations

SDSU clubs and the Meetup groups listed below are great ways to meet Americans.

All Students
- SDSU International Student Association
  http://isc.sdsu.edu/
- San Diego International Meetup Group
  esl.meetup.com/69
- San Diego Meetup Group
  http://meetup.com/san-diego
- SDSU LGBTQ Resources
  http://go.sdsu.edu/student_affairs/intercultural/lgbtq1.aspx

General Cultural & Language Associations
- SDSU Division of Student Affairs*
  http://go.sdsu.edu/student_affairs
- San Diego Arabic Language Meetup Group
  http://meetup.com/sandiegoarabic
- San Diego Muslims, sandiegomuslims.com
- San Diego Dutch Meetup Group
  meetup.com/dutchsandiego
- San Diego Latin Social Group, meetup.com/latino-28

Africa
- SDSU Afrikan Student Union*
  rohan.sdsu.edu/dept/asu

Argentina
- House of Argentina, houseofargentina.com
- San Diego Spanish Language Meetup Group
  http://spanish.meetup.com/cities/ar

Austria
- House of Austria, houseofaustriasandiego.com

Brazil
- San Diego Portuguese Language Meetup Group
  portuguese.meetup.com/271

China
- San Diego Chinese Language Meetup Group
  chinese.meetup.com/9
- San Diego Cantonese Language Meetup Group
  cantonese.meetup.com/96
- House of China, houseofchinasd.com

Colombia
- House of Colombia
  sdhpr.org/Countries/Colombia.html
- San Diego Spanish Language Meetup Group
  http://spanish.meetup.com/cities/co

Denmark
- House of Denmark, houseofdenmark.org

France
- French-American Chamber of Commerce
  france-sandiego.org
- Alliance Française de San Diego, afsandiego.org
- San Diego French Meetup Group
  http://french.meetup.com/cities/fr
- House of France, houseoffrance.org

Germany
- German American Societies of San Diego
  germanclubsandiego.org
- San Diego German Stammtisch
  meetup.com/SanDiegoStammtisch
- San Diego German4Fun Group
  meetup.com/german4fun
- San Diego Expat German Meetup Group
  expatgerman.meetup.com/35
- House of Germany
  sdhpr.org/Countries/Germany.html

*SDSU clubs are not available during the summer.
Cultural Associations

Hungary
- House of Hungary, sdmagyar.org

Italy
- San Diego Italian Language Meetup Group italian.meetup.com/17
- San Diego Città Italian Language Meetup Group italian.meetup.com/256
- Little Italy Association of San Diego, littleitalysd.com

Japan
- San Diego Japanese Language & Culture Meetup Group meetup.com/SanDiegoJapanese
- San Diego Anime Group meetup.com/The-Anime-Manga-Otaku
- Japan Society of San Diego & Tijuana japan-society.org

Korea
- San Diego JoongAng USA, sdjoins.com
- San Diego Saram, sdsaram.com
- San Diego Korean Language Meetup Group korean.meetup.com/131

Mexico
- House of Mexico, houseofmexico.org
- San Diego Spanish Language Meetup Group http://spanish.meetup.com/cities/mx

Norway
- House of Norway, houseofnorway.net

Peru
- House of Peru, houseofperu.org

Poland
- San Diego Polish Language Meetup Group http://polish.meetup.com/cities/pl
- House of Poland sdhpr.org/Countries/Poland.html

Portugal
- United Portugal S.E.S., upses.com
- San Diego Portuguese Language Meetup Group portuguese.meetup.com/271

Russia
- San Diego Russian Language Meetup Group russian.meetup.com/77

Spain
- San Diego Spanish Language Meetup Group http://spanish.meetup.com/cities/es

Sweden
- House of Sweden, houseofsweden.us
- Swedish-American Chamber of Commerce sacc-sandiego.org

Taiwan
- Taiwanese American Community Center taiwancenter.com/ch-home.html
- San Diego Chinese Language Meetup Group chinese.meetup.com/9

Thailand
- San Diego Thai Language & Culture Meetup Group meetup.com/sdthailanguageandcultureexchange

Ukraine
- House of Ukraine, houseofukraine.com

Vietnam
- Vietnamese American Youth Alliance, http://vayasd.org
Religious Groups | Mosques, Churches, Temples

Protestant
- Agape House Lutheran Episcopal Center, SDSU: (619) 741-4729, agapehousesdsu.org
- International Christian Fellowship: Held at College Ave. Baptist Church, 4747 College Ave., (619) 788-6800, iccsd.org
- College Ave. Baptist Church (English Services): 4747 College Ave., (619) 582-7222, cabc.org
- The Rock Church (Contemporary English Services): 2448 Historic Decatur Rd., (619) 226-7625, therocksandiego.org
- Chinese Evangelical Church of San Diego (Mandarin, Cantonese and English Services): 2585 Judson St., (858) 277-9622, cec-sd.org
- La Promesa (Spanish Services): 4747 College Ave., (619) 287-4747, cabc.org
- Korean Church (Korean Services): 2717 University Ave.
- San Diego Calvary Korean Presbyterian Church (Korean Services): 6970 Linda Vista Rd., (858) 278-3210, sandiegocalvary.com
- Brazilian Fellowship: 2100 Greenfield Dr.
- San Diego Arabic Baptist Church (Services in Arabic): 1370 Granite Hills Dr., El Cajon, (619) 444-9265, netministries.org/see/churches/ch08493
- International Christian Church of San Diego (English Services): 320 Date St., (619) 544-1950, iccsd.org
- Russian Evangelistic Ministries: 11249 Antilla Place, (858) 549-4188
- San Diego First Assembly (English Services): 8404 Phyllis Place, (858) 560-1870
- Good Shepherd African Methodist Episcopal Church (Services in English): 6035 University Ave., (619) 286-0893

Catholic
- Catholic Newman Center, SDSU: 5855 Hardy Ave., sdsucatholic.org
- Blessed Sacrament Catholic Church (English Services): 4540 El Cerrito Dr., (619) 582-5722, blessedsacrament-sd.org
- St. Patrick Catholic Church: 3585 30th St., (619) 295-2157, stpatrickssd.com
- Christ the King Roman Catholic Church (English and Spanish Services): 29 N. 32nd St., (619) 231-8906, christthekingsd.org
- Our Mother of Perpetual Help (Services in Ukrainian and Old Slavonic): 4400 Palm Ave., La Mesa, (619) 697-5085

Muslim
- Muslim Student Association, SDSU: http://www-rohan.sdsu.edu/~msa_sdsu/msa_home.htm
- Masjid Al-Ansar (Sunni Services in English): 4014 Winona Ave., (619) 282-4407
- Masjid Ar-Ribat Al-Islami (Sunni Services in English): 7173 Saranac St., (619) 589-6200
- Masjid an-Nour (Sunni Services in English): 3872 50th St., (619) 282-9343
- Islamic Center of San Diego (Sunni English Services): 7050 Eckstrom Ave., (858) 278-5240, icsd.org
- Islamic Educational Center of San Diego (Shiite Services): 8977 Activity Rd., Suite 103, (858) 689-8888, iecsd.com
Religious Groups | Mosques, Churches, Temples

Buddhist
- Cambodian Buddhist Society of San Diego (Cambodian and English Meditations): 3616 47th St., (619) 282-0613
- Buddhist Temple of San Diego (Jodo Shinshu English and Japanese Services): 2929 Market St., (619) 239-0896, btsd.net

Hindu
- Shri Mandir Hindu Mandir Society of San Diego: 9474 Black Mountain Rd., Suite L, (858) 566-5644
- Temple of Bhakti Yoga: 2120 Monroe Ave., (619) 299-0257

Baha’i
- San Diego Bahá’í Community: sandiegobahai.org

Hare Krishna
- ISKCON of San Diego: 1030 Grand Ave., (858) 483-2500, krishnasd.com

Orthodox
- St. Spyridon Greek Orthodox Church (Services in English): 3655 Park Blvd., (619) 297-4165, goarch.org
- St. Gregory of Nyssa Greek Orthodox Church: 1454 Jamacha Rd., (619) 593-0707, stgregory.ca.goarch.org

Jewish
- Jewish Campus Center, SDSU: 5742 Montezuma Rd., (619) 583-6080
- Chabad of College Area (Services in Hebrew with English): 6115 Montezuma Rd., (619) 265-0519
- Beth Jacob Congregation (Orthodox Services in Hebrew with English): 4855 College Ave., (619) 287-9890, bethjacobsandiego.org
Safety

The American Language Institute would like to welcome everyone to San Diego. We depend on each and every member of the university community to take an active role in their safety and security by following a few simple precautions.

- Remember to lock your car and secure all valuables out of sight. If you have security devices for your vehicle, for example: club, alarms, or vehicle immobilizers, please use them.
- When you leave your apartment or your room, lock your doors and windows.
- Do not leave personal items of value unattended anywhere, even on campus, or in a classroom.
- Conceal your cell phone when you are in a public place. If your cell phone is stolen, you must report it to the police immediately.
- Pay attention to your surroundings and avoid distractions. Immediately report any suspicious activity to the University Police Department (call 911 for any true emergency, or (619) 594-1991 for nonemergency police services).
- Avoid wearing expensive jewelry or carrying large amounts of cash. Make sure your credit card is returned to you after each transaction.
- Do not accept rides from strangers, or approach someone in a car that you do not know.
- There is safety in numbers! Do not walk alone at night. Avoid short cuts, narrow alleys, or poorly lit streets at all times. If you think you’re being followed, go toward a crowded area.
- If possible, avoid using stairs. Stand near the front door of an elevator rather than in back.
- Do not accept food or drinks from strangers. Criminals have been known to put drugs in food or drinks to weaken victims.
- Use the “buddy system” and look out for each other. Safety escorts are available from dusk to dawn to help you go to and from any campus location. To use this service, call (619) 594-6659.
- If you are confronted with a weapon, give the criminal whatever personal belongings they ask for: wallet, jewelry, cell phone, etc. Your life is more valuable than replaceable possessions!
- To obtain Police or Fire department help for true emergency services, dial 911 from your cell phone or any campus phone, or activate any “Blue Light” Emergency Duress Phone on campus.
- The SDSU University Police department is located in the Public Safety building at the intersection of 55th St. and Remington Rd., across from the Aztec Recreation Center. The Police department is operational 24 hours a day, seven days a week.